

# Recommended Planting Dates [SouthernExposure.com](http://SouthernExposure.com)



**Southern Exposure  
Seed Exchange**

*We have found these dates to be the best times to plant here in the Mid-Atlantic region. Dates may vary for your region and micro-climate. Row cover and/or plastic mulch can allow for planting 1-2 weeks earlier in the spring and 1-2 weeks later for fall harvest.*

Seed/Bulb/Transplant	Mountains	Inland Plains	Coastal
Artichoke	TP May 10–Jun 1	Apr 21–May 21	Apr 1–May 1
Beans, Bush	S May 7–Jul 15	Apr 15–Aug 1	Mar 25–Aug 21
Beans, Pole	S May 7–Jul 7	Apr 15–Jul 15	Mar 25–Aug 7
Beans, Lima	S Jun 1–Jul 15	May 15–Jul 25	Apr 25–Aug 10
Beets	S Apr 1–Jun 15, Jul 25–Aug 25	Mar 15–Jun 15, Aug 15–Sept 15	Feb 25–Jun 15, Aug 15–Oct 1
Broccoli	S Apr 1–Jun 15	Mar 10–Jul 1	Feb 25–Jul 20
Broccoli	TP Apr 1–Jul 1	Mar 15–Jul 15	Feb 25–Aug 7
Brussels Sprouts	S Apr 10–May 10	May 1–Jun 1	May 21–Jun 21
Brussels Sprouts	TP Apr 25–Jun 1	May 15–Jun 15	Jun 7–Jul 7
Cabbage	S Apr 1–Jul 1	Mar 10–Jul 15	Feb 25–Aug 7
Cabbage	TP Apr 1–Jul 15	Mar 15–Aug 1	Feb 25–Aug 21
Cabbage, Chinese	S Apr 1–Apr 15, Jul 1–Aug 1	Mar 10–Apr 7, Jul 15–Aug 15	Feb 25–Mar 15, Aug 7–Sept 7
Carrots	S Mar 25–Apr 15, Jul 10–Aug 1	Mar 10–May 1, Jul 25–Aug 15	Feb 25–Apr 10, Aug 10–Sept 7
Cauliflower	S May 15–Jun 15	Jun 1–Jul 1	Jun 21–Jul 21
Cauliflower	TP Apr 1–Apr 21, Jun 1–Jul 1	Mar 15–Apr 7, Jun 15–Jul 15	Feb 25–Mar 15, Jul 7–Aug 7
Collards	S Apr 1–Aug 15	Mar 10–Sept 1	Feb 25–Sept 21
Corn	S May 10–Jun 25	Apr 21–Jul 15	Apr 1–Aug 7
Cucumbers	S May 15–Jul 1	May 1–Jul 21	Apr 10–Aug 7
Eggplants	TP May 21–Jun 15	May 7–Jun 21	Apr 15–Jul 1
Endive	S Apr 1–May 1, Jul 7–Aug 25	Mar 15–Apr 15, Jul 21–Sept 15	Feb 25–Mar 25, Aug 10–Oct 7
Garlic	B Oct 1–Nov 1	Oct 15–Nov 15	Nov 1–Nov 21
Kale	S Mar 21–Apr 21, Jul 7–Sept 1	Mar 10–Apr 15, Jul 21–Sept 15	Feb 25–Mar 25, Aug 10–Oct 7
Kohlrabi	S Apr 1–Apr 21, Jul 1–Aug 7	Mar 10–Apr 15, Jul 15–Aug 21	Feb 25–Mar 25, Aug 7–Sept 10
Lettuce	S Apr 1–Jun 1, Jul 25–Sept 1	Mar 10–Jun 1, Aug 7–Sept 21	Feb 25–May 15, Aug 21–Oct 10
Muskmelons	S May 15–Jun 5	May 1–Jun 15	Apr 10–Jul 7
Mustards	S Apr 1–Sept 15	Mar 10–May 1, Jul 25–Oct 1	Feb 25–May 1, Aug 10–Oct 21
Okra	S May 25–Jun 15	May 1–Jul 1	Apr 10–Jul 21
Onions, Bulb	TP Mar 10–Mar 21	Mar 1–Mar 21	Feb 10–Mar 1
Onion, Multiplier	B Oct 1–Nov 1	Oct 15–Nov 15	Nov 1–Dec 1
Parsnips	S Mar 15–May 15	Mar 1–May 1	Feb 10–Apr 5
Peas	S Mar 15–Apr 15, Jul 1–Jul 15	Mar 1–Apr 15, Jul 15–Aug 1	Feb 10–Mar 25, Aug 7–21
Peas, Southern	S May 25–Jun 25	May 7–Jul 15	Apr 15–Aug 7
Peppers	TP May 21–Jun 15	May 7–Jun 21	Apr 15–July 1
Potatoes	S Apr 1–May 1, Jun 1–Jun 25 (mulched)	Mar 15–Apr 15, Jun 1–Jun 25 (mulch)	Mar 1–Apr 1, May 10–Jul 10 (mulched)
Pumpkins	S May 15–Jun 7	May 1–Jun 15	Apr 10–Jul 1
Radishes	S Apr 1–May 1, Jul 15–Oct 1	Mar 10–Jun 1, Aug 1–Nov 1	Feb 25–May 15,–Aug 21–Nov 21
Rutabaga	S Mar 15–Apr 15	Aug 1–Aug 21	Aug 7–Sept 10
Spinach	S Mar 20–Apr 21, Aug 15–Sept 21	Mar 1–Apr 21, Sept 1–Oct 1	Feb 15–Apr 1, Sept 15–Oct 21
Squash, Summer	S May 15–Jul 1	Apr 21–Jul 21	Apr 1–Jul 10
Squash, Winter	S May 15–Jun 7	May 1–Jun 15	Apr 10–Jul 1
Sunflowers	S May 7–Jun 21	Apr 15–Jul 7	Apr 1–Aug 1
Sweet Potatoes	B May 25–Jun 15	May 15–Jun 21	Apr 25–Jul 1
Swiss Chard	S Apr 1–Jul 15	Mar 15–Aug 1	Feb 25–Aug 21
Tomatoes	TP May 10–Jun 10	Apr 21–Jun 21	Apr 1–Jul 7
Turnips	S Apr 1–May 1, Jul 21–Sept 7	Mar 10–Apr 15, Aug 7–Oct 1	Feb 21–Mar 25, Aug 21–Oct 21
Watermelons	S May 15–Jun 5	May 1–Jun 10	Apr 10–Jul 1